

# Avoiding The Summer Slide Challenge

What is summer slide? Summer slide is the academic loss children experience during the extended summer break from school. Children who don't read during the summer can lose up to three months of reading progress, and that loss has cumulative, long-term effects.



Incoming  
Pre-K  
2017



## Reading

Children who read over the summer continue to advance in the skills developed during the school year. When children read "good fit" books for 20 minutes a day, he/she will gain 1,800,000 words by 6th grade. For the summer, students should read age-appropriate books to complete **15 hours of summer reading**. Remember, the more exposure to books, the greater success your child will experience.

- Attached is a log to record your reading selections ([reading log](#))
- A suggested reading list to help you choose appropriate texts for your child ([reading selections](#))
- A [guide](#) to help improve your child's fluency

## Writing

Students should practice writing their first name using a capital letter followed by lower case letters using D'Nealian style print ([handwriting chart](#)). If your child is unable to do this, it is acceptable for your child to trace the letters of his/her name. We are not expecting mastery at this level. Please complete 2 pages.

## Motor Activities

Students should engage in activities that promote fine motor control, increase ability, strengthen the muscles in the hand, and develop eye-hand coordination. The following is a list of suggested activities:

### Fine Motor Activities

1. String beads onto a shoelace
2. Play with Play Dough or silly putty
3. Play with a Lite Brite toy
4. Use scissors to cut pictures from magazines.
5. Build with Legos
6. Finger-painting
7. Trace a design
8. String macaroni on a string

### Gross Motor Activities

1. Kick, catch, and throw a large ball
2. Simon Says (touch head, hop on one foot, etc)
3. Act like animals (crawl like a crab, waddle like a duck, gallop like a horse, etc.)
4. Use a balloon; try to keep it up by patting it

All work should be turned in on August 8, 2017 to your child's teacher.

### Did you know?

Many children lose about 2.6 years of math computational skills over the summer